

Jeanice Sherai, LLC

COVID-19 Policy and Acknowledgment Form

Dear Just 10 Yoga Attendee,

The health and safety of everyone in attendance is of paramount importance. In response to the recent Coronavirus (COVID-19) outbreak, Jeanice Sherai, LLC is taking precautions to lessen the spread of the virus. All attendees must complete a Health Screening Process in order to attend in person classes. Please review the following self-screening questionnaire before attending any in person classes.

Have you had close contact with any possible source of Coronavirus (COVID-19)? This includes being within approximately 6 feet of a COVID-19 case for a prolonged period of time; keep in mind close contact can occur while caring for, living with, working or sharing a room with a COVID-19 positive or suspected individual?

Yes _____ No _____

Have you had a fever of 37.8°C/ 100.4°F or higher within the past 24 hours?

Yes _____ No _____

Per the CDC, a wide range of symptoms related to COVID-19 have been reported. If you have at least two (2) of the following symptoms mark YES.

*Cough *Muscle pain/Body Aches *Shortness of breath or difficulty breathing *Chills or repeated shaking with chills *Headache *Sore Throat *New loss of taste or smell

Yes _____ No _____

If you check YES to any of the questions, your entry/attendance to the class will be forfeited. If you have any questions or concerns, we ask that you contact Jeanice Sherai, LLC CEO (Jeanice Durrah) to discuss appropriate guidance/ next steps.

Please sign below indicating that you have been provided this form and have reviewed the above criteria and do not have any symptoms as described.

Thank you for your cooperation.

I HAVE REVIEWED THE ABOVE CRITERIA AND DO NOT HAVE SYMPTOMS AS DESCRIBED. I UNDERSTAND THAT SHOULD I FEEL ILL WHILE ATTENDING THE CLASS I WILL IMMEDIATELY NOTIFY JEANICE DURRAH.

(Print) Last Name _____ First Name _____ Date _____